



## Daily Checklist for Families

Monitor your student for the following symptoms and keep your student home if ANY of the following are true:



If your student experiences ONE of the following symptoms:

- Fever (100.4°/38°C or greater) **(Please check your student's temperature the night before school and keep home the next day if running a fever.)**
- Cough
- Shortness of breath or difficulty breathing



If your student experiences any of the following symptoms:

- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



In the past 14 days, has your student had close contact with someone diagnosed with COVID-19?

*If so, please follow all health department/physician ordered quarantine directions.*



### Students should bring daily:



Device



Water Bottle



Face Coverings



**DEL NORTE**  
UNIFIED SCHOOL DISTRICT